

Cams Food Court



Menu Week 1

Made your way- Fresh filled Baguettes, Sandwiches, Wraps & Salads

Weekly specials- Prepared/Cooked to order

Mains- Pick your sides & dessert (suggested sides are optional)



Monday

Duo of Sausage, Bubble and Squeak Mash, Green Beans & Gravy

Vegetarian Sausage, Bubble and Squeak Mash, Green Beans & Gravy

Bacon Turnover, Oven Chips & Baked beans

Mains



£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Sausage Roll



Tuesday

Southern Fried Buttermilk Chicken, Herby Potatoes & Salad

Quorn Mince Quesadilla, Salsa, Sour Cream & Salad

Mains



£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt



Pasta Toppers Pod



Wednesday

Roast Turkey, Yorkshire Pudding, Roast Potato & Seasonal Vegetables

Quorn Roast, Yorkshire Pudding, Roast Potato & Seasonal Vegetables

Mains

Shepherds Pie & Seasonal Vegetables



£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Pizza Melt



Thursday

Chicken Korma, Rice & Naan Bread

Fresh Dough Margherita Pizza, BBQ Wedges, Salad

Mains



£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Pepperoni Melt



Pasta Toppers Pod



Friday

Inset no lunch served



All dishes with this label include locally sourced meat or eggs

Allergen Guide	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
BBQ Wedges									
Oven Chips									
Jacket Potato									
Herby Potato									
Roast Potato									
Bubble & Squeak Mash									
Cheddar Mashed Potato									
Vegetable Fried Rice									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Naan Bread									
Yorkshie Pudding									
Baked Beans									
Side Salad									
Sweetcorn									
Corn on the Cob									
Seasonal Vegetables									
Green Beans									
Peas									
Salsa									
Guacamole									
Sour Cream									
Chip Shop Curry Sauce									
Gravy									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Baguette									

Contains this ingredient
May contain Traces
Free from this ingredient

Allergen Guide

Traffic Light System

Monday

Main Options only- See sides for side dish Options/Allergens

[illegible]

Tuesday

	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Southern Fried Buttermilk Chicken										
Quorn Mince Quesadilla										
Pasta Toppers Pod	Please check the sign on the day for allergens									

Wednesday

[illegible]

Thursday

	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Chicken Korma										
Fresh Dough Margherita Pizza										
Pasta Toppers Pod	Please check the sign on the day for allergens									

Friday

[illegible]

Gluten free options are available on a daily basis please speak to a member of staff for more info

Contains this ingredient

May contain Traces

Free from this ingredient