Cams Food Court



Menu Week

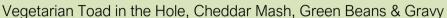
Made your way- Fresh filled Baguettes, Sandwiches, Wraps & Salads

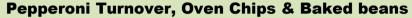
Weekly specials- Prepared/Cooked to order

Mains- Pick your sides & dessert (suggested sides are optional)









£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Sausage Roll

Mains

Mains

Mains



Tuesday

New York Buttermilk Chicken Burger, Herby Potatoes & Salad



Quorn Chilli Enchilada, Salsa, Sour Cream & Salad

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt



Pasta Toppers Pod



Wednesday

Roast Gammon, Yorkshire Pudding, Roast Potato & Seasonal Vegetables Vegetarian Hot Pot, Roast Potato & Seasonal Vegetables



Beef Steak Hot Pot & Seasonal Vegetables



£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Pizza Melt



Thursday

Chicken Ramen Noodles & Corn on the Cob



Fresh Dough Pizza Calzone, BBQ Wedges, Salad

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Pepperoni Melt



Pasta Toppers Pod



Allergen Guide

Traffic Light System

		Мо	nday							
Main Options o	only- See			le dish	Options	s/Allerg	gens			
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Toad in the Hole										
Vegetarian Toad in the Hole										
Pepperoni Turnover										
		Tue	esday							
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
New York Buttermilk Chicken Burger										
Quorn Chilli Enchilada										
Pasta Toppers Pod	Please check the sign on the day for allergens									
	Wednesday									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Roast Gammon										
Vegetarian Hot Pot										
Beef Steak Hot Pot										
		Thu	rsday							
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Chicken Ramen Noodles										
Fresh Dough Pizza Calzone										
Pasta Toppers Pod					k the sig				ergens	
Gluten free options are avail					to a meml	per of sta	aff for m	ore info		
	C	ontains the May con	_							
	Fr	ee from t								

Allergen Guide	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Recipe notes
BBQ Wedges										
Oven Chips										
Jacket Potato										
Herby Potato										
Roast Potato										Phase/Salt/Pepper
Bubble & Squeak Mash										Phase/Salt/Pepper/Grated Carrots/Broccoli/Spring Onions
Cheddar Mashed Potato										Phase/Salt/Pepper
Vegetable Fried Rice										Sesame Oil/Grated Carrots/Broccoli/Spring Onions
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Naan Bread										
Yorkshire Pudding										
Baked Beans										
Side Salad										
Sweetcorn										Phase
Corn on the Cob										Phase
Seasonal Vegetables										Phase
Green Beans										Phase
Peas										Phase
Salsa										
Guacamole										
Sour Cream										
Chip Shop Curry Sauce										
Gravy										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Baguette										

Contains this ingredient
May contain Traces
Free from this ingredient