Cams Food Court

Menu Week 1

Made your way- Fresh filled Baguettes, Sandwiches, Wraps & Salads

Weekly specials- Prepared/Cooked to order

Mains- Pick your sides & dessert (suggested sides are optional)



Monday

Inset day

Tuesday

Southern Fried Buttermilk Chicken, Herby Potatoes & Salad





Mains

Quorn Mince Quesadilla, Salsa, Sour Cream & Salad

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt



Pasta Toppers Pod



Wednesday

Roast Turkey, Yorkshire Pudding, Roast Potato & Seasonal Vegetables



Quorn Roast, Yorkshire Pudding, Roast Potato & Seasonal Vegetables

Shepherds Pie & Seasonal Vegetables



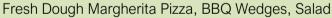




Thursday







£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Pepperoni Melt



Pasta Toppers Pod



Friday



Mains

Freshly Battered.... Fish 'n' Chip Friday, Curry Sauce & Peas

Vegetarian Samosas, Curry Sauce, Vegetable Fried Rice

Jumbo Sausage, Chips, Curry Sauce & Peas

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt



All dishes with this label include locally sourced meat or eggs

Allergen Guide	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
BBQ Wedges									
Oven Chips									
Jacket Potato									
Herby Potato									
Roast Potato									
Bubble & Squeak Mash									
Cheddar Mashed Potato									
Vegetable Fried Rice									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Naan Bread									
Yorkshie Pudding									
Baked Beans									
Side Salad									
Sweetcorn									
Corn on the Cob									
Seasonal Vegetables									
Green Beans									
Peas									
Salsa									
Guacamole									
Sour Cream									
Chip Shop Curry Sauce									
Gravy									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Baguette									

Contains this ingredient
May contain Traces
Free from this ingredient

Allergen Guide

Traffic Light System

		Мо	nday							
Main Options on	ly- Sec	e sides	for side	e dish	Options	/Allerg	ens			
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Duo of Sausage (Pork & Leek/Pork & Apple)										
Vegetarian Sausage										
Bacon Turnover										
		Tue	esday	_			_	1		1
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Southern Fried Buttermilk Chicken										
Quorn Mince Quesadilla										
Pasta Toppers Pod	Please check the sign on the day for allergens									
	Wednesday									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Roast Turkey										
Quorn Roast in Gravy										
Shepherds Pie										
		Thu	rsday	Ī		1				ı
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Chicken Korma										
Fresh Dough Margherita Pizza										
Pasta Toppers Pod				check	the sig	n on th	e day	for alle	rgens	
		Fr	iday			1	T			1
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Freshly Battered Fish										
Vegetarian Samosas										
Jumbo Sausage										
Gluten free options are availab		daily basi ontains tl			to a memb	er of sta	iff for m	ore info		
			tain Trac							
	Fr	ee from t								