Cams Food Court

Menu Week 3

Made your way- Fresh filled Baguettes, Sandwiches, Wraps & Salads

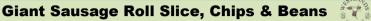
Weekly specials- Prepared/Cooked to order

Mains- Pick your sides & dessert (suggested sides are optional)











BBQ Chicken Turnover, Oven Chips & Salad

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Sausage Roll

Mains

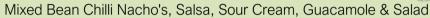
Mains



Tuesday

Katsu Buttermilk Chicken, Rice & Sweetcorn





£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt



Pasta Toppers Pod



Wednesday

Roast Pork, Yorkshire Pudding, Roast Potato & Seasonal Vegetables



Quorn Roast, Yorkshire Pudding, Roast Potato & Seasonal Vegetables

Chicken & Sweetcorn Pie, Roast Potato & Seasonal Vegetables



£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Pizza Melt



Thursday

Christmas Meal

Friday

Freshly Battered.... Fish 'n' Chip Friday, Curry Sauce & Peas

Vegetarian Samosas, Curry Sauce, Vegetable Fried Rice

Jumbo Sausage, Chips, Curry Sauce & Peas

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt





All dishes with this label include locally sourced meat or eggs

Allergen Guide	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Recipe notes
BBQ Wedges										
Oven Chips										
Jacket Potato										
Herby Potato										
Roast Potato										Phase/Salt/Pepper
Bubble & Squeak Mash										Phase/Salt/Pepper/Grated Carrots /Broccoli/Spring Onions
Cheddar Mashed Potato										Phase/Salt/Pepper
Vegetable Fried Rice										Sesame Oil/Grated Carrots /Broccoli/Spring Onions
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame]
Naan Bread										
Yorkshire Pudding										
Baked Beans										
Side Salad										
Sweetcorn										Phase
Corn on the Cob										Phase
Seasonal Vegetables										Phase
Green Beans										Phase
Peas										Phase
Salsa										
Guacamole										
Sour Cream										
Chip Shop Curry Sauce										
Gravy										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Baguette										

Contains this ingredient	
May contain Traces	
Free from this ingredient	

Allergen Guide

Traffic Light System

		M	onday							
Main Options										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Giant Sausage Roll Slice										
Giant Chickpea, Spinach & Mushroom Sausage Roll										
BBQ Chicken Turnover										
		T	ıesday		•	ı	1		ı	
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Buttermilk Chicken + Katsu Sauce										
Mixed Bean Chilli Nacho's										
Pasta Toppers Pod	Please check the sign on the day for allergens									
		We	dnesda	У						
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Roast Pork										
Quorn Roast in Gravy										
Chicken & Sweetcorn Pie										
		Th	ursday	1						
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Sweet & Sour Chicken Balls										
Fresh Dough Margherita Pizza										
Pasta Toppers Pod	Please check the sign on the day for allergens									
		F	riday							
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Freshly Battered Fish										
Vegetarian Samosas										
Jumbo Sausage										
Gluten free options are avail					k to a men	nber of s	taff for	more info		
		Contains								
		May co Free from	<mark>ontain T</mark> r							