Cams Food Court

Menu Week 2

Made your way- Fresh filled Baguettes, Sandwiches, Wraps & Salads

Weekly specials- Prepared/Cooked to order

Mains- Pick your sides & dessert (suggested sides are optional)



Monday

Toad in the Hole, Cheddar Mash, Peas & Gravy

Vegetarian Toad in the Hole, Cheddar Mash, Green Beans & Gravy



£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Sausage Roll

Mains



Tuesday

New York Buttermilk Chicken Burger, Herby Potatoes & Salad



Quorn Chilli Enchilada, Salsa, Sour Cream & Salad

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt



Pasta Toppers Pod



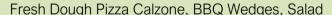
Wednesday

No food available today

Thursday

Chicken Ramen Noodles & Corn on the Cob





£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Pepperoni Melt



Pasta Toppers Pod

Friday



Freshly Battered.... Fish 'n' Chip Friday, Curry Sauce & Peas

Vegetarian Samosas, Curry Sauce, Vegetable Fried Rice

Jumbo Sausage, Chips, Curry Sauce & Peas

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt

Mains



All dishes with this label include locally sourced meat or eggs



Allergen Guide	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Recipe notes
BBQ Wedges										
Oven Chips										
Jacket Potato										
Herby Potato										
Roast Potato										Phase/Salt/Pepper
Bubble & Squeak Mash										Phase/Salt/Pepper/Grated Carrots/Broccoli/Spring Onions
Cheddar Mashed Potato										Phase/Salt/Pepper
Vegetable Fried Rice										Sesame Oil/Grated Carrots/Broccoli/Spring Onions
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Naan Bread										
Yorkshire Pudding										
Baked Beans										
Side Salad										
Sweetcorn										Phase
Corn on the Cob										Phase
Seasonal Vegetables										Phase
Green Beans										Phase
Peas										Phase
Salsa										
Guacamole										
Sour Cream										
Chip Shop Curry Sauce										
Gravy										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Baguette										

Contains this ingredient
May contain Traces
Free from this ingredient

Allergen Guide

Traffic Light System

		Mc	onday							
Main Options	only- Se	e sides		le dish	Options					
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Toad in the Hole										
Vegetarian Toad in the Hole										
Pepperoni Turnover										
			esday			ı			ı	I
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
New York Buttermilk Chicken Burger										
Quorn Chilli Enchilada										
Pasta Toppers Pod	Please check the sign on the day for allergens									
		Wed	nesday	7	1	,	1		•	ì
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Roast Gammon										
Vegetarian Hot Pot										
Beef Steak Hot Pot										
		Thu	ırsday							
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Chicken Ramen Noodles										
Fresh Dough Pizza Calzone										
Pasta Toppers Pod	Please check the sign on the day for allergens									
		Fi	riday							
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Freshly Battered Fish										
Vegetarian Samosas										
Jumbo Sausage										
Gluten free options are avai					to a meml	er of st	aff for n	nore info		
		Contains t								
	-	May cor ree from	<mark>ntain Tra</mark>							