Cams Food Court

Menu Wee

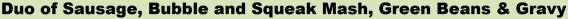
Made your way- Fresh filled Baguettes, Sandwiches, Wraps & Salads

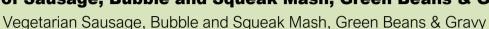
Weekly specials- Prepared/Cooked to order

Mains- Pick your sides & dessert (suggested sides are optional)









Bacon Turnover, Oven Chips & Baked beans

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Sausage Roll

Mains

Mains

Mains



Tuesday

Southern Fried Buttermilk Chicken, Herby Potatoes & Salad

Quorn Mince Quesadilla, Salsa, Sour Cream & Salad



£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt



Pasta Toppers Pod



Wednesday

Roast Turkey, Yorkshire Pudding, Roast Potato & Seasonal Vegetables

Quorn Roast, Yorkshire Pudding, Roast Potato & Seasonal Vegetables



£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

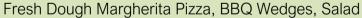
Jumbo Pizza Melt



Thursday

Chicken Korma, Rice & Naan Bread





£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Pepperoni Melt



Pasta Toppers Pod



Friday

Freshly Battered.... Fish 'n' Chip Friday, Curry Sauce & Peas

Vegetarian Samosas, Curry Sauce, Vegetable Fried Rice

Jumbo Sausage, Chips, Curry Sauce & Peas

£3.25 Meal Deal Includes self serve Salad and £1 Fruit/Biscuit/Cake

Jumbo Ham Melt



All dishes with this label include locally sourced meat or eggs





Allergen Guide

Traffic Light System

Monday										
Main Options onl	y- See	sides	for side	dish	Options	/Allerg	ens			
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Duo of Sausage (Pork & Leek/Pork & Apple)										
Vegetarian Sausage										
Bacon Turnover										
Tuesday										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Southern Fried Buttermilk Chicken										
Quorn Mince Quesadilla										
Pasta Toppers Pod	Please check the sign on the day for allergens									
Wednesday ————————————————————————————————————										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Roast Turkey										
Quorn Roast in Gravy										
Shepherds Pie										
		Thu	rsday							
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Chicken Korma										
Fresh Dough Margherita Pizza										
Pasta Toppers Pod			Please (check	the sig	n on th	e day	for alle	rgens	
Friday										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	Sulphite
Freshly Battered Fish										
Vegetarian Samosas										
Jumbo Sausage										
Gluten free options are available on a daily basis please speak to a member of staff for more info										
Contains this ingredient May contain Traces										
Free from this ingredient										

Allergen Guide	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
BBQ Wedges									
Oven Chips									
Jacket Potato									
Herby Potato									
Roast Potato									
Bubble & Squeak Mash									
Cheddar Mashed Potato									
Vegetable Fried Rice									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Naan Bread									
Yorkshie Pudding									
Baked Beans									
Side Salad									
Sweetcorn									
Corn on the Cob									
Seasonal Vegetables									
Green Beans									
Peas									
Salsa									
Guacamole									
Sour Cream									
Chip Shop Curry Sauce									
Gravy									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Baguette									

Contains this ingredient	
May contain Traces	
Free from this ingredient	