

# Cams Food Court

## BREAK Menu

### Monday



**Bacon Baguette**  
**Jumbo Sausage Baguette**  
**Bacon, Hash Brown & Cheese Muffin**

### Tuesday



**Bacon Baguette**  
**Jumbo Sausage Baguette**  
**Breakfast Wrap**

### Wednesday



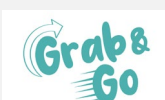
**Bacon Baguette**  
**Jumbo Sausage Baguette**  
**Bacon, Hash Brown & Cheese Muffin**

### Thursday



**Bacon Baguette**  
**Jumbo Sausage Baguette**  
**Breakfast Wrap**

### Friday



**Bacon Baguette**  
**Jumbo Sausage Baguette**  
**Bacon, Hash Brown & Cheese Muffin**

# Cams Food Court

Menu Week 1



Available daily- Fresh filled Rolls, Sandwiches, Wraps & Jacket Potatoes



## Monday

**Crispy Chicken Katsu Curry served with Rice**

**Creamy Cheese & Bacon Macaroni Pasta with Garlic Dough Ball & Salad**

**Macaroni Cheese with Garlic Dough Ball & Salad**

Meal Deal Includes self serve Salad and 95p Biscuit/Fruit or Cake

**American Burger & Super Sides**



## Tuesday

**Chicken Tikka Masala with Rice & Naan Bread**

**BIG BREAKFAST inc.** Bacon/Sausage/Hash Brown/Fried Bread/Beans/Plum Tomato

**Curried Chicken Spring rolls with Rice & Curry Sauce**

**Vegan Sausage Roll**

Meal Deal Includes self serve Salad and 95p Biscuit/Fruit or Cake



## Wednesday

**Pork Roast Dinner inc.** Roast Potato's/Yorkshire Pudding/Seasonal Vegetables/Gravy

**Pasta Bolognese with Garlic Bread & Salad**

**Quorn Roast Dinner**

Meal Deal Includes self serve Salad and 95p Biscuit/Fruit or Cake



## Thursday

**Sour Dough Pizza with Pasta Salad & Mixed Green Leaf**

**Korean Style BBQ Pulled Pork Wrap**

**Vegi Pizza with Pasta Salad & Mixed Green Leaf**

Meal Deal Includes self serve Salad and 95p Biscuit/Fruit or Cake



## Friday

**BBQ Friday....**

**Beef Burger**

**Veggie Burger**

**Jumbo Sausage Baguette**

All served with a selection of salads and a lolly

Selection of Grab & Go options available



**All dishes with this label include locally sourced meat or eggs**

## Allergen Guide Week 1

## Traffic Light System

Monday									
Main Options only- See sides for side dish Options/Allergens									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Crispy Chicken Katsu Curry									
Creamy Cheese & Bacon Macaroni Pasta									
Macaroni Cheese									
Tuesday									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Chicken Tikka Masala									
Bacon/Sausage/Hash Brown/Fried Bread/Beans/Plum Tomato									
Curried Chicken Spring rolls & Curry Sauce									
Vegan Sausage Roll									
Wednesday									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Pork Roast Dinner Meat & Gravy									
Pasta Bolognese									
Quorn Roast Dinner Meat & Gravy									
Thursday									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Sour Dough Pizza									
Korean Style BBQ Pulled Pork Wrap									
Vegi Pizza									
Friday									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Beef Burger and Bun									
Jumbo Sausage Baguette									
Veggie Burger									
Gluten free options are available on a daily basis please speak to a member of staff for more info									

Contains this ingredient
May contain Traces
Free from this ingredient

Allergen Guide	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Wedges									
Chips									
Jacket Potato									
Garlic & Thyme Potatoes									
Roast Potato									
Mashed Potato									
	<b>Egg</b>	<b>Milk</b>	<b>Fish</b>	<b>Soya</b>	<b>Mustard</b>	<b>Celery</b>	<b>Nuts</b>	<b>Gluten</b>	<b>Sesame</b>
Pasta									
Pasta Salad									
Turmeric Rice									
Rice									
Jasmine Rice									
Mixed Salad									
	<b>Egg</b>	<b>Milk</b>	<b>Fish</b>	<b>Soya</b>	<b>Mustard</b>	<b>Celery</b>	<b>Nuts</b>	<b>Gluten</b>	<b>Sesame</b>
Naan Bread									
Garlic Bread									
Yorkshie Pudding									
Baked Beans									
Mushy Peas									
	<b>Egg</b>	<b>Milk</b>	<b>Fish</b>	<b>Soya</b>	<b>Mustard</b>	<b>Celery</b>	<b>Nuts</b>	<b>Gluten</b>	<b>Sesame</b>
Baguette									
Contains this ingredient									
May contain Traces									
Free from this ingredient									