

Cams Food Court

Menu Week 1



Available daily Fresh filled Sandwiches, Wraps & Jacket Potatoes

Monday

Bank Holiday



Local Sausage with Mash, Peas & Onion Gravy
Sweet Chilli Veggie Noodles with Prawn Crackers
Chicken & Ham Pasty

Meal Deal Includes a 90p Biscuit/Fruit or Cake

American Burger & Super Sides



Tuesday



Chicken Kebab with Salad Pitta
Pasta Bolognese with Garlic Bread
Cheese & Onion Lattice

Meal Deal Includes a 90p Biscuit/Fruit or Cake

Cheese & Ham Panini



Wednesday



Chicken Biryani & Poppadum
Mince Beef & Vegetable Pie with Mash Potato & Broccoli
Vegetable Spring Rolls with Braised Rice & Sweet Chilli Sauce

Meal Deal Includes a 90p Biscuit/Fruit or Cake

BBQ Chicken & Cheese Panini



Thursday



Cod Fishcake & Chips with Mushy Peas
Chilli Beef Quesadilla
Beanburger in a Salad Bap, Oven Chips & Baked Beans

Meal Deal Includes a 90p Biscuit/Fruit or Cake

Pepperoni Panini



All dishes with this label include locally sourced meat

Cams Food Court

Hot Food BREAK Menu

Monday



Bacon Baguette
Jumbo Sausage Baguette
Bacon, Hash Brown & Cheese Muffin

Tuesday



Bacon Baguette
Jumbo Sausage Baguette
Breakfast Wrap

Wednesday



Bacon Baguette
Jumbo Sausage Baguette
Bacon, Hash Brown & Cheese Muffin

Thursday



Bacon Baguette
Jumbo Sausage Baguette
Breakfast Wrap

Friday



Bacon Baguette
Jumbo Sausage Baguette
Bacon, Hash Brown & Cheese Muffin

Allergen Guide	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Wedges									
Chips									
Jacket Potato									
New Potato									
Herby Diced Potato									
Roast Potato									
Mashed Potato									
Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Pasta									
Braised Rice									
Rice									
Egg Fried Rice									
Cous Cous									
Mixed Salad									
Coleslaw									
Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Stuffing									
Poppadum									
Prawn Crackers									
Garlic Bread									
Baked Beans									
Mushy Peas									
Peas									
Broccoli									
Carrots									
Corn Cobettes									
Sweetcorn									
Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Baguette									
Gravy/Onion Gravy									
Contains this ingredient									
May contain Traces									
Free from this ingredient									