# Cams Food Court

### Menu Week 2

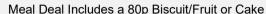


**Available daily Fresh filled Sandwiches, Wraps & Jacket Potatoes** 



#### Monday





American style Hotdog in a Sub Roll





Tuesday

All Day Breakfast Singapore Veggie Noodles with Prawn Crackers
Chicken & Ham Pasty







Wednesday

Roast Dinner of the day

Lasagne with Garlic Bread & Salad

Cheese & Onion Lattice



Meal Deal Includes a 80p Biscuit/Fruit or Cake

**Cheese & Ham Panini** 





**Thursday** 

Chicken Korma with Rice & Poppadum
Shepherds Pie with Mash, Carrots & Broccoli
Vegetable Samosa with Braised Rice & Curry Sauce

Meal Deal Includes a 80p Biscuit/Fruit or Cake









Battered Fish Goujons & Chips with Mushy Peas
Chicken Enchilada
Beanburger in a Salad Bap, Oven Chips & Baked Beans

samburger in a balau bap, oven bilips & bakeu

Meal Deal Includes a 80p Biscuit/Fruit or Cake

Pepperoni Panini





All dishes with this label include locally sourced meat

## Cams Food Court

## **Hot Food BREAK Menu**

#### Monday



Bacon Baguette
Jumbo Sausage Baguette
Bacon, Hash Brown & Cheese Muffin

#### Tuesday



Bacon Baguette
Jumbo Sausage Baguette
Breakfast Wrap

#### Wednesday



Bacon Baguette
Jumbo Sausage Baguette
Bacon, Hash Brown & Cheese Muffin

#### Thursday



Bacon Baguette
Jumbo Sausage Baguette
Breakfast Wrap

#### Friday



Bacon Baguette
Jumbo Sausage Baguette
Bacon, Hash Brown & Cheese Muffin

## Allergen Guide Week 2

## **Traffic Light System**

	M	londay							
Main Options only (See Sides)	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Sticky BBQ Chicken									
Macaroni Cheese									
Sausage Roll									
Vegan Sausage Roll									
American style Hotdog in a Sub Roll									
Tuesday									
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
All Day Breakfast Gluten free option available									
Singapore Veggie Noodles									
Chicken & Ham Pasty									
Pizza Panini									
	We	dnesda	y						
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Roast Dinner of the day									
Lasagne									
<b>Cheese &amp; Onion Lattice</b>									
Cheese & Ham Panini									
	Th	ursday	,						
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Chicken Korma									
Shepherds Pie									
Vegetable Samosa & Curry Sauce									
BBQ Chicken & Cheese Panini									
		riday							
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame
Battered Fish Goujons									
Chicken Enchilada									
Beanburger in a Salad Bap									
Pepperoni Pizza Panini									
Gluten free options are available on	a daily ba	asis plea:	se speak	to a m	ember of s	taff for i	nore info		
	Contains	this ingre	edient						

Contains this ingredient						
May contain Traces						
Free from this ingredient						

Allergen Guide	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Wedges										
Chips										
Jacket Potato										
New Potato										
Herby Diced Potato										
Roast Potato										
Mashed Potato										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Pasta										
Braised Rice										
Rice										
Egg Fried Rice										
Cous Cous										
Mixed Salad										
Coleslaw										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Stuffing										
Poppadum										
Prawn Crackers										
Garlic Bread										
Baked Beans										
Mushy Peas										
Peas										
Broccoli										
Carrots										
Corn Cobettes										
Sweetcorn										
	Egg	Milk	Fish	Soya	Mustard	Celery	Nuts	Gluten	Sesame	
Baguette										
Gravy/Onion Gravy										
Contains this ingredient										
			contain T							
Free from this ingredient										