# CAMS HILL SCHOOL SMOKING POLICY



#### **Non-Statutory**

Date Created: 13 February 2014 Review Period: 4 Years Last Reviewed: 7 October 2022 Ratified by Governors: n/a Next Review Date: 7 October 2026

## Contents

Rationale	3
A Smoke Free Environment in School	3
Support for Pupils, Parents and Staff	3
Education and Promotion of Healthy Choices	3
Monitoring, Evaluation and Review	4

### Rationale

Smoking is the single most preventable cause of premature death and ill health in society. Schools have a major role to play in working towards the prevention of smoking amongst pupils and providing a safe environment, free from second-hand smoke. Smoking and the use of electronic cigarettes represent a health and safety issue for schools. The <u>'NICE Guideline on Tobacco: preventing uptake, promoting quitting and treating dependence'</u> recommends that these policies should sit within wider school strategy on wellbeing, drugs and alcohol, and behaviour.

Guidance can also be found in the following Hampshire County Council documents:

<u>http://documents.hants.gov.uk/ccbs/HampshireCountyCouncilSmokingandVapingPolicy2017.pdf</u> <u>https://www.hants.gov.uk/socialcareandhealth/smokefreeme/guidanceforschools</u>

#### A Smoke Free Environment in School

- There should be no smoking, including e-cigarettes, by pupils, staff or visitors in any of the school buildings or on any part of the school site at any time. The use or charging of electronic cigarettes on site is also not permitted.
- Pupils found in possession of smoking or electronic cigarette paraphernalia will have it confiscated and stored safely. Parents/Carers may collect the items within 3 days, after which time they will be disposed of.
- Pupils found to be smoking, or associating with others who are smoking, will be sanctioned in line with the school's Good Behaviour Policy and Actions and Consequences, as soon as practicable from the time of the transgression. By informing pupils that they are at risk of sanction if they associate with people smoking, even if they are not smoking themselves, peer pressure can be used to a positive effect, i.e. pupils develop a sense of responsibility for each other. This approach also avoids confusion when caught smoking as to who is in possession of the cigarette/vape.
- Staff who choose to smoke off site must ensure that they are a sufficient distance from the school so that they are not visible by pupils or visitors. Pupils require a consistent message and non-smoking role models in school.

### Support for Pupils, Parents and Staff

- Pupils who are found to be smoking may be offered support to quit. Where no one is available and pupils express a keen interest in quitting they should be referred to the local NHS stop smoking service.
- The school will support pupils using licensed Nicotine Replacement Products as part of a supervised NHS stop smoking programme.
- The school will support local and national initiatives aimed at smoking prevention and cessation and, where possible, take part in events and activities to encourage parents and carers to quit smoking and create a smoke free environment in the home. Reducing children's exposure to second hand smoke at home can reduce the risk to their health. Statistically, children who live in a household where someone smokes are more likely to be off sick from school.
- The smoke free agenda in Cams Hill School is promoted by Heads of Year and Assistant Heads of Year, together with the Assistant Headteacher with a responsibility for the Good Behaviour Policy and the school's Lead First Aider.

### Education and Promotion of Healthy Choices

Pupils will be supported to make healthy choices in relation to smoking through education in RSHE lessons and the general school curriculum. Staff will liaise with relevant agencies such as Hampshire County Council and NHS Stop Smoking Services to stay up to date on issues relating to smoking and teaching resources.

#### Monitoring, Evaluation and Review

The Senior Leadership Team will ensure that all staff take responsibility for implementing and regularly monitoring pupils, staff and other adults using the school site to ensure compliance.

The Headteacher and Leadership Team will review and monitor the RSHE curriculum to ensure they are providing education on the dangers of smoking and second-hand smoke, including e-cigarettes, together with liquid nicotine and similar appliances, emphasising the benefits of not smoking.

The school will review this policy and assess its implementation and effectiveness regularly. The Policy will be promoted and implemented throughout the school. This policy is available on the school website.