



SEX AND RELATIONSHIPS EDUCATION POLICY

Statutory

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Introduction

At Cams Hill School we believe that Sex and Relationships Education (SRE) is a vital part of the educational entitlement of all pupils and an integral part of each pupil's emergence into adulthood.

Sex and relationships education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Some aspects are taught in subjects such as Science, Religious Education, English, Drama and ICT; most are taught as part of Personal, Social, Health and Economic Education (PSHE) which at Cams Hill School is part of the Personal Development Learning and Citizenship (PDLC) curriculum.

The school's comprehensive programme of SRE provides accurate information about the body, reproduction, sex, and sexual health. It also gives pupils essential skills for building positive, enjoyable, respectful and non-exploitative relationships and for staying safe both on and offline.

High quality SRE helps create safe school communities in which pupils can grow, learn and develop positive, healthy behaviour for life. It is essential for the following reasons:

- Children and young people have a right to good quality education, as set out in the United Nations Convention on the Rights of the Child.
- Children and young people need to be prepared for the physical and emotional changes they undergo at puberty and young people need to learn about relationships.

SRE plays a vital part in meeting schools' safeguarding obligations. Ofsted is clear that schools must have a preventative programme that enables pupils to learn about safety and risks in relationships. Schools maintain a statutory obligation under the Children Act (2004) to promote their pupils' wellbeing and, under the Education Act (1996), to prepare children and young people for the challenges, opportunities and responsibilities of adult life. All state funded schools are free to develop their own PSHE programme to reflect the needs of their pupils; however, it is compulsory for pupils in secondary education to have sex education that includes HIV and AIDS and other sexually transmitted infections. A comprehensive SRE programme can have a positive impact on pupils' health and wellbeing and their ability to achieve and can play a crucial part in meeting the school's statutory obligations.

At Cams Hill School, the Personal Development Learning & Citizenship curriculum is divided into three areas; Citizenship, Personal Wellbeing and Economic Wellbeing. Aspects of SRE are covered in these areas within various topics, some more specific than others. The curriculum also covers the specific areas identified in the Sex and Relationships Education Guidance (DFE 2014) of sexting, pornography, violence in relationships, consent, exploitation and abuse, whilst still promoting healthy, loving relationships and the role of sex within compassionate and stable relationships.

Those parts of SRE that are part of the national curriculum for science are compulsory. Parents can choose to withdraw their children from all other parts of SRE if they want.

Cams Hill School SRE Curriculum Content

In accordance with the PSHE Association advice published in 2014 the following priorities have been identified:

Pupil's learn:

- about parenthood and the consequences of teenage pregnancy;
- how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts and to develop parenting skills;
- how to deal with risky or negative relationships including all forms of bullying and abuse, sexual and other violence and online encounters;
- how to manage physical, mental and emotional wellbeing including sexual health;
- how to identify and access help, advice and support;

- how to make informed choices about health and wellbeing matters including drugs, alcohol and tobacco, maintaining a balanced diet, physical activity, emotional health and wellbeing and sexual health;
- about the role and influence of the media on lifestyle.

These topics are adapted to suit different ages and stages of learning and renewed regularly.

	Year 7	Year 8	Year 9	Year 10	Year 11
Topic	Myself My Friends Self-esteem/ friendships/ bullying/ online safety	Puberty/Body Image Physical & mental changes/sexting/ body image/seeking reliable information/ periods	Sex and Responsibility Contraception/ STIs sexuality/ consent	Parenting & SRE Abortion/ teenage pregnancy/ HIV/ Pornography/ Relationships	SRE revisited STIs/STDs/ Contraception
<i>Intended pupil outcomes</i>	<i>"I can develop and maintain a variety of healthy relationships with different people in different situations."</i>	<i>"I am aware of the negative and positive influences of the media on my life."</i>	<i>"I am able to make informed choices about my sexual health."</i>	<i>"I have some strategies on how to deal with poor relationships, eg bullying and abuse, violence of any kind and online meetings."</i>	<i>"I am able to make informed choices about my sexual health."</i>
	<i>"I have some strategies on how to deal with poor relationships, eg bullying and abuse, violence of any kind and online meetings."</i>	<i>"I know where to go to get help, advice and support."</i>	<i>"I know where to go to get help, advice and support."</i>	<i>"I can see how pornography can be damaging to some relationships."</i>	<i>"I know where to go to get help, advice and support."</i>
	<i>"I know how to cope with the different relationships I have and the demands they make on me as a person."</i>	<i>I can make informed choices about my health and wellbeing."</i>	<i>"I know what is meant by consent in different situations."</i>	<i>"I am able to make informed choices about my sexual health."</i>	<i>"I can assess risks to my health and safety."</i>
	<i>"I can assess risks to my health and safety."</i>		<i>"I know how to cope with the different relationships you have and the demands they make on you as a person."</i>	<i>"I can assess risks to my health and safety."</i>	

				<i>"I know about parenthood and the consequences of teenage pregnancy"</i>	
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Some intended outcomes are revisited so that they can be reinforced through different subject material and from a different perspective.

Delivery

All pupils have Personal Development Learning and Citizenship lessons throughout their school career.

All pupils will experience four 'Enrichment days' with the pastoral teams throughout the year following a carefully planned programme.

All pupils at Cams Hill receive a PDLC (Personal Development Learning and Citizenship) session twice a week within their tutor groups delivered by their tutors.

Although SRE is an integral part of many programmes of study across the curriculum, the content of Religious Education plays a particularly important role and includes topics such as 'Marriage and the Family' and 'Matters of Life and Death'. In English, experiences and consequences of relationships are a dominant theme in most works of classic literature and are investigated during studies of nineteenth century novels, poetry across time and plays by Shakespeare and Arthur Miller. The Key Stage 3 Science curriculum includes human reproduction, genetics and puberty and in Key Stage 4 pupils also explore genetic counselling, saviour siblings and issues surrounding fertility, IVF, contraception and stem cells. In ICT, one aspect of the Year 7 'E-safety and Digital Responsibility' unit of work focuses on raising awareness of the risks of using social media and includes grooming. The History curriculum looks at the changing role of women in society and examines the links between politics and sex and relationships.

Sex and Relationship education is monitored and evaluated through the relevant enrichment days as well as through tutor time sessions and timetabled lessons.