

Allergen Guide

Y - If it contains this Allergen

Egg Milk Fish Soya Mustard Celery Gluten Sesame

Monday

| | | | | | | | | | | |
|---------------------------|--|---|--|--|--|---|--|--|---|--|
| Bolognese | | | | | | | | | | |
| Piri Piri Chicken Thigh | | | | | | | | | | |
| Italian Style Veggie Bake | | Y | | | | Y | | | Y | |

Tuesday

| | | | | | | | | | | |
|-------------------|--|---|--|---|--|---|---|--|--|---|
| Beef Balti | | Y | | | | | Y | | | Y |
| Herb Crusted Fish | | Y | | Y | | Y | | | | Y |
| Mixed Bean Chilli | | | | | | | | | | |

Wednesday

| | | | | | | | | | | |
|------------------------|--|--|---|--|--|--|--|--|--|---|
| Roast Turkey | | | | | | | | | | |
| Ham & Leek Pie | | | Y | | | | | | | Y |
| Tomato & Herb Macaroni | | | | | | | | | | Y |

Thursday

| | | | | | | | | | | |
|--|--|---|--|--|--|--|--|--|--|---|
| All Day Breakfast (Only Sausage with Gluten) | | | | | | | | | | Y |
| Spicy Pork Meatballs | | Y | | | | | | | | Y |
| Vegan Quorn Burger | | | | | | | | | | Y |

Friday

| | | | | | | | | | | |
|---|--|--|--|---|--|--|--|--|--|---|
| Baked Breaded Fish with Oven Baked Chips & Peas | | | | Y | | | | | | Y |
| Chef Special Option | | | | | | | | | | |

Please Speak to a member of Staff for Allergens

Most dishes on this menu can be adapted to suit your allergen needs, Please speak to a member of staff.