Allergen Guide

Y- If it contains this Allergen

	Egg	Milk	Fish	Soya	Mustard	Celery	Gluten	Sesame
Monday								
Meatballs with Pasta & Garlic Bread	Y	Y		Y			Y	
Liver & Bacon with Champ Mash & Peas		Y					Y	
Hoi Sin Vegetable Stir Fry with Noodles	Y			Y			Y	Y
Tuesday								
Turkey Stir Fry with Noodles	Y			Y			Y	Y
Beef & Mushroom Yorkshire Pudding	Y	Y		Y		Y	Y	
Quorn Balti with Rice & Poppadum's				Y			Y	
Wednesday								
Sausage Casserole with Oven Baked Chips	Y	Y		Y	Y	Y	Y	
Chicken Korma with Rice & Poppadum's		Y					Y	
Macaroni Cheese with Garlic Bread	Y	Y					Y	
Thursday								
Roast Turkey, Pork Stuffing & Trimmings	Y				Y	Y	Y	
Corned Beef Hash		Y			Y			
Mixed Bean Chilli & Rice				Y				
Friday								
Baked Breaded Fish with Baked Chips & Peas	Y	Y	Y				Y	
Chef Special Option	Please Speak to a member of Staff for Allergens							
Veggie Burger	Y	Y					Y	

Some meals can be adapted to meet your allergen requirements, Please speak to the catering team to arrange this