

Physical Education

**Exam Board Details:**

AQA GCSE PE.

Exam for GCSE Physical Education Paper 1;

**Content on paper 1;** applied anatomy and physiology, movement analysis, physical training, and use of data. 30% of GCSE.

Exam for GCSE Physical Education Paper 2;

**Content on paper 2;** Sports Psychology, Socio-cultural influences, Health, fitness and well-being, and use of data. 30% of GCSE.

**What is being studied this year:**

Sports Psychology, Socio-cultural influences, Health, fitness and well-being. These topics will take learning up to the Christmas holidays. Previous topics covered; Applied anatomy and physiology, movement analysis, physical training, use of data.

Over the holidays pupils will be expected to practice analysing their performance in one of their 3 chosen sports, highlighting their strengths and weaknesses and suggesting methods to improve their overall performance. This is in preparation for the controlled assessment part of the course. The deadline for this will be the February half term.

All practical performances will need to be finalised by the end of February.

Teaching from March onwards will focus on recapping difficult topic areas and exam practice. Some pupils will be involved in the moderation process for practical assessment. This will be directed by our area moderator closer to the time (expected to be between March and April).

Pupils will be guided through a paper during the ‘walking talking’ mock; highlighting key points to look out for in the exam.

Pupils will get feedback on their mock exam before Christmas which will indicate areas to direct their revision.

**What Can You Do To Support Your Child?**

**Practical Aspect:**

Pupils need to be assessed in 3 sports. Pupils who participate in a sport outside of school need to make their teacher aware of any upcoming events. Video evidence is required for performers who CANNOT replicate their performance in school (either due to standard outside of school being of a higher quality or activity not being offered in school e.g. horse riding). Videos must clearly show the pupil, and must not have breaks in the filming; e.g. a 15 minute netball quarter must be filmed without stoppage and all 4 quarters must be filmed. For further guidance on video evidence needed; please speak to class teacher.

GCSE **Trampolining** will be available on a Thursday morning before school after the October half term for those who need an individual sport. **Badminton** is available before school on a Wednesday for those who need either a team/individual activity.

Those wishing to submit **athletics**; the Mountbattten Centre is going to be booked after the February half term so that a local competition can be organised between schools in Fareham, and filmed.

**Rugby;** some pupils’ maybe required to attend a rugby training/fixture after the February half term which will also include pupils from other Fareham schools.

**Netball;** some pupils’ maybe required to attend a netball training/fixture after the February half term which will also include pupils from other Fareham schools.

If a pupil intends to use the above activities; they must make themselves available.

**Theory Aspect:**

Regularly question/test your child on their revision notes. Every pupil has a class folder. All notes should be written up neatly (not typed; hand written notes will help to reinforce learning).

Practice exam papers can be found on the AQA GCSE PE website under ‘Past papers and mark Schemes’

Extra revision sessions will be running after Christmas; one will run on a Monday with Mrs Holden and another on a Friday with Mr Worthy. Both will cover the same topic to allow pupils to attend both (if a pupil needs more support with a topic) or either one for convenience.

**Resources:**

AQA Physical Education Third Edition ISBN 978-0-19-837025-3; this book covers all related topics and is easy to understand.

The GCSE specification can be found on the AQA website (specification code 8582); all topics covered are in the front, with guidance on the practical assessment after.

Please feel free to email any questions/concerns to Mrs Holden via office@camshill.com. If a pupil needs clarification or help with a topic then please make the class teacher aware.